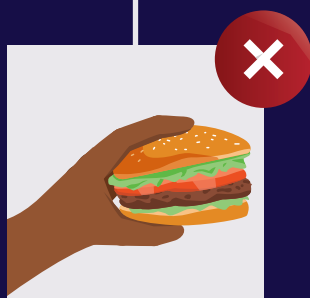


Shooting can expose you to lead

When you've finished shooting:

DON'T



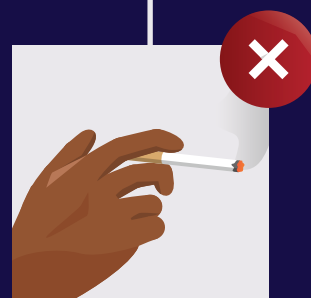
eat

or



drink

or



smoke

UNTIL

1



you've washed with cold soapy water

2



and when you get home shower and change clothes before you do anything else



Consider wearing a P2/N95 face mask while shooting to further reduce your exposure

If you shoot regularly, talk to your doctor about getting a blood lead test visit our website for more information:

